



THE ELIZABETH
SIDMOUTH

MENU

Residents' Breakfast

SERVED 8AM - 10AM

Buffet items

Please help yourself



HOT DRINKS

Clipper teas or filter coffee
~ ask about other hot drinks ~

JUICE

Orange, apple, pineapple or cranberry juice

CEREAL

Weetabix, cornflakes, granola, alpen muesli, schar cornflakes (GF), schar muesli (GF)

Choose your milk: Dairy, oat, almond

PORRIDGE

Made with dairy milk

FRESHLY BAKED PASTRIES

GREEK YOGHURT

MIXED BERRY COMPOTE

FRESH MELON

Cooked

Please order with a member of the team



ENGLISH BREAKFAST (GF)

Bacon, sausage, egg, hash brown, tomato, mushrooms, black pudding, baked beans, toast

VEGGIE BREAKFAST (V)

Vegan sausage, egg, hash brown, tomato, mushrooms, halloumi, spinach, baked beans, toast

VEGAN BREAKFAST (VG)

Vegan sausage, hash brown, tomato, mushrooms, spinach, baked beans, toast

EGGS ROYALE

English muffin, poached egg, smoked salmon, hollandaise

EGGS BENEDICT

English muffin, poached egg, Devon ham, hollandaise

EGGS FLORENTINE

English muffin, poached egg, spinach, hollandaise

SMOKED SALMON

Scrambled, poached or fried eggs

BREAKFAST SANDWICH

Choose any 2 cooked items
On white or wholemeal bread

TOAST & PRESERVES

Jams & marmalade, butter, Flora plant spread, Marmite, Nutella